

AFTERCARE INSTRUCTIONS

- Avoid touching treated areas. This will reduce risk of infection and associated complications.
- You may use an ice pack on treated area. Do so carefully and make sure that anything that comes into contact with area is clean. It is a good idea to lay sterile gauze over the area first.
- Avoid chlorinated water such as pools or Jacuzzis until skin has completely healed.
- Avoid prolonged, extra hot, steamy environments such as a sauna or shower. Also do not allow shower water to beat against pigmented area excessively.
- Avoid contact with soaps and shampoo on treated areas as much as possible.
- Do not apply any medication or dressing to treated are other than provided ointment. No aloe vera, vitamin e oil, Neosporin etc. Use provided ointment very sparingly 3 times a day.
- Do not apply makeup to treated area until healed.
- Average healing depends on individual and procedure. Eyeliner: 3-5 days, brows/ lip liner/ full lip color: 10-14 days.
- In the future, if you are having any sort of glycolic or acid peel, make sure to avoid treated area always.
- After healing, always use a good strong sun block on treated areas as the sun will damage pigment over time.
- Any tweezing or waxing should be done at least 48 hours prior to procedure; electrolysis no less than 5 days before. Do not resume any method of hair removal for at least 2 weeks after procedure.
- For lips, avoid contact with acids such as coffee, citrus drinks, spicy foods, etc. until healed. It is advisable to use a straw when drinking to avoid contact with acids.
- If you have any history of cold sores/ fever blisters/ herpes simplex, you will be required to contact your physician to obtain the proper prescriptive medication to help prevent such outbreaks. Many people find that L-Lysine is a very effective natural alternative.
- Refrain from the use of alcohol, aspirin, aspirin containing medications, ibuprofen or coumadin for 7 days after any procedure. **No medication should be discontinued without first consulting your physician.**